

## Care for Older Adults — Functional Status Assessment (COA) Measurement Year 2021

The Centers for Medicare & Medicaid Services (CMS) uses a five-star quality rating system to measure Medicare Advantage beneficiaries' experiences with the delivery of their healthcare services. HEDIS® data is one of the ways in which a star rating is determined. We would like to take this opportunity to highlight information about the Care for Older Adults — Functional Status Assessment (COA) measure.

### Measure description

Percentage of adults ages 66 and older who had at least one functional status assessment during the measurement year

### Measurement period

January 1 through December 31

### Clinical rationale

As the population ages, physical function can decline. Screening of elderly patients is effective in identifying functional decline. This measure ensures that older adults receive the care they need to optimize quality of life.

### Exclusions:

- In hospice or using hospice services during the measurement period

### Strategies for improvement:

- Clearly document the date of service of a functional status assessment.
  - Functional status assessment conducted in an acute inpatient setting will not meet compliance.
- Use a standardized functional assessment tool.

### Compliance information

Documentation in the medical record must include one of the following:

- Notation that activities of daily living (ADL) were assessed or that at least five of the following were assessed:
  - Bathing
  - Dressing
  - Eating
  - Transferring (for example, getting in and out of chairs)
  - Using a toilet
  - Walking

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- Notation that instrumental activities of daily living (IADL) were assessed or at least four of the following were assessed:
  - Shopping for groceries
  - Driving or using public transportation
  - Using the telephone
  - Meal preparation
  - Housework
  - Home repair
  - Laundry
  - Taking medications
  - Handling finances
- Result of assessment using one of the following standardized functional status assessment tools: 36-Item Short Form Survey (SF-36), Assessment of Living Skills and Resources (ALSAR), ADLS, Bayer Activities of Daily Living Scale (B-ADL), Barthel Index, electronic aids for daily living (EADL), independent living skills (ILS), Katz Index of Independence in ADL, Kenny Self-Care Evaluation, Klein-Bell ADL Scale, Kohlman Evaluation of Living Skills (KELS), Lawton & Brody's IADL, Patient-Reported Outcomes Measurement Information System (PROMIS).

In previous years, the following notations met compliance for the COA measure. These components **no longer** meet compliance for this measure:

- Notation that at least three of the following five components were assessed:
  - Cognitive status
  - Ambulation status
  - Hearing
  - Vision and speech (sensory abilities)
  - Other functional independence (such as exercise or ability to perform job)