

Join us in talking about racism and its impact on health

This communication applies to the Medicaid programs for Simply Healthcare Plans, Inc. (Simply) and Clear Health Alliance (CHA) as well as the Florida Healthy Kids (FHK) and the Medicare Advantage program for Simply.

Physical healthcare and mental healthcare professionals have a vital role in improving health and wellbeing in our communities by identifying and treating racial trauma and injustice experienced by the individuals we serve. At Simply and CHA, we are committed to addressing racism in our society through open discussions about trauma, injustice, and inequality. These conversations are critical to improving the wellbeing of all Americans and the communities in which we live and serve.

We can impact the injustice of racism together

Simply and CHA is working with **Motivo**,* the first *HIPAA*-compliant digital platform that connects mental health therapists and clinical supervisors, to engage providers and associates in conversations on racial injustice, trauma, and inequality. Together, we are hosting racial equity forums on a quarterly basis to keep the conversation going.

Our racial equity forums focus on:

- Exploring how racism takes shape in healthcare.
- Discussing how to identify racism in your practice and how to be an ally to your patients.
- Recognizing implicit bias (we all have it!) and how it affects the care provided to your patients.
- Understanding the impact of prolonged exposure to racism on people of color.
- Providing you with actionable resources to put an end to racism in your practice.

Since October 2020, Simply and CHA has sponsored four virtual forums: **Racial Trauma in America**, **The Road to Allyship: Playing Your Part in Racial Equity**, **In Pursuit of Racial Equity: Deconstructing Bias Forum**, and **Exploring the Impact of Racial Trauma on the Health & Wellbeing of Children**.

Please register for the next forum:

Grief and Loss: The Disproportionate Impact of the Pandemic on Communities of Color

Please join us to hear from a diverse panel of experienced professionals from Motivo and Simply and CHA about the impact of racial inequities on our health and wellbeing. This forum will explore ways we can help people cope with grief, family dynamics, and difficult conversations during the holidays and will discuss strategies healthcare professionals, therapists, and caregivers can use to help people navigate these experiences and practice self-care through the holidays and beyond.

December 8, 2021
4 p.m. to 5:30 p.m. ET

Register today! Continuing education credits available for those who sign up and participate.

* Motivo is an independent company providing a virtual forum on behalf of Simply Healthcare Plans, Inc. and Clear Health Alliance.

<https://provider.simplyhealthcareplans.com> | <https://provider.clearhealthalliance.com>

Simply Healthcare Plans, Inc. is a Managed Care Plan with a Florida Medicaid contract. Simply Healthcare Plans, Inc. dba Clear Health Alliance is a Managed Care Plan with a Florida Medicaid contract.

Simply Healthcare Plans, Inc. is a Medicare contracted coordinated care plan that has a Medicaid contract with the State of Florida Agency for Health Care Administration to provide benefits or arrange for benefits to be provided to enrollees. Enrollment in Simply Healthcare Plans, Inc. depends on contract renewal.

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SFL-NL-0375-21 November 2021

The first step to addressing racism is to recognize its existence, subtle or otherwise

These conversations may feel uncomfortable at first, but that's OK — This is how we will make progress together in creating a more just and equitable society.