

Osteoporosis Management in Women Who Had a Fracture (OMW)

To find the category this measure applies to (Medicare Stars, Federal Employee Program®, etc.), see our chart of HEDIS® measures.

HEDIS measure

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for Osteoporosis Management in Women Who Had a Fracture (OMW).

What is the measure?

Female patients 67 to 85 years of age who suffered a fracture from July 1, 2022, through June 30, 2023, and had either a bone mineral density (BMD) test or received a prescription for a medication to treat or prevent osteoporosis in the six months after the fracture

Female patients 67 to 85 years of age as of December 31, 2023, who suffered a fracture from July 1, 2022, through June 30, 2023 (does not include fractures of finger, toe, face, and skull).

Exclusions

Optional:

- Death within six months of fracture date
- Patients 67 years of age and older who are enrolled in an Institutional Special Needs Plan (I-SNP) or living long term in an institution during the intake period through the end of 2023
- Patients 67 to 80 years of age with advanced illness during 2022 and/or 2023 and frailty during 2023
- Patients 81 years of age and older with frailty during 2023

Required:

- Members in hospice or using hospice services anytime during 2023
- Members receiving palliative care from date of fracture during 2023
- BMD test during the 24 months prior to the fracture date
- Claim/encounter for osteoporosis therapy during the 12 months prior to fracture date
- Dispensed or active prescription to treat osteoporosis during the 12 months prior to fracture date

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<https://provider.simplyhealthcareplans.com>

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Closing the gap

Documentation needed:

- BMD testing results from July 1, 2021, through December 31, 2023 (two years prior to fracture date up to six months after fracture date)
- Provider note showing that a medication to treat osteoporosis was prescribed/refilled from July 1, 2021, through December 31, 2023 (*Note: 12 months prior to fracture date up to six months after fracture date*)

Drug category	Medication	
Bisphosphates and derivatives	Alendronate	Risedronate
	Alendronate-cholecalciferol	Zoledronic acid
	Ibandronate	
Other agents	Abaloparatide	Romosozumab
	Denosumab	Teriparatide
	Raloxifene	

Best practices:

- Use the data to identify patients with a recent fracture and ensure appropriate screening or treatment (BMD or medication to treat or prevent osteoporosis) has been considered.
- Schedule office visits promptly after the fracture event. Early intervention and patient education promote compliancy. An initial osteoporotic fracture increases the risk of a repeat fracture.
- Consider a BMD test every two years for this at-risk population.
- Pair dexa scan with mammogram preventive screening; schedule both screenings during office visit to ensure compliance.
- Improved provider and patient awareness of the benefits of osteoporotic medications can reduce additional osteoporosis-related fractures, morbidity, and healthcare costs.
- Review and encourage medication adherence.
- Use Patient360 to verify that patients have filled their prescriptions for osteoporosis medication.
- Add ticklers to electronic medical record (EMR) for advanced illness and frailty exclusions.
- For more information regarding clinical guidelines on osteoporosis, visit <https://www.bonesource.org/clinical-guidelines>.

Let's work together:

- Supplemental data submission: secure file transfer protocol, record submission via secure facsimile, secure email, remote or on-site chart collection
- Regional provider services: health and member expositions, collaborative letters, health promotion consultant-assisted calls, provider challenges, HEDIS, STARS and risk training seminars, member barrier surveys, HEDIS subject matter expert chart review via remote EMR access or on-site chart collection, mobile mammography clinic days, and more*
- Corporate interventions: gap-in-care reminders, outbound calls, homebound services and more*
- Member incentives*

* Please contact your Provider Relations representative to learn about resources available for 2023.

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