

Aspire Health for Medicaid members in need of palliative care

Effective October 2020, Simply Healthcare Plans, Inc. and Clear Health Alliance will work with Aspire Health* to provide in-home services to our members facing advanced illness.

Aspire offers a solution to the fragmented and expensive care that patients so often experience during the last chapter of life. By working with community physicians to enroll and serve these vulnerable patients in their homes, Aspire helps patients to increase their overall comfort, increase their satisfaction with both their PCP and their health plan, and minimize the risk of unnecessary or unwanted hospitalizations.

The typical Aspire patient is usually a physician's sickest, with high utilization costs. The typical Aspire patient confronts multiple illnesses, such as chronic heart failure, chronic obstructive pulmonary disease, advanced cancers, dementia, geriatric frailty, chronic or end-stage renal disease, chronic liver disease, cerebrovascular accidents, and other neurologic illnesses. They may see multiple providers, or frequently seek care in emergency rooms and hospitals. The majority of these patients receive care that is both high-cost and low-value, often resulting in frequent hospitalizations for uncontrolled symptoms and/or exacerbations of chronic disease. They may have limited family support or have family caregivers with their own health concerns.

The Aspire team works to align medical care with a patient's goals and values. Through patient and caregiver education, and expert symptom management, Aspire enables patients to avoid unnecessary emergency department visits and hospitalizations.

More information is available at www.aspirehealthcare.com or by calling the 24/7 Patient and Referral Hotline at 1-877-702-6863.

* Aspire Health is an independent company providing in-home health care services on behalf of Simply Healthcare Plans, Inc. and Clear Health Alliance.

<https://provider.simplyhealthcareplans.com/florida-provider>

<https://provider.clearhealthalliance.com/florida-provider>

Simply Healthcare Plans, Inc. is a Managed Care Plan with a Florida Medicaid contract. Simply Healthcare Plans, Inc. dba Clear Health Alliance is a Managed Care Plan with a Florida Medicaid contract.

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